



Jan 29 –Feb 16

Elementary & Middle

School Menu

Monday, January 29 <u>Entrée</u> Hamburger/Cheeseburger Chicken Sandwich <u>Vegetables</u> Potato Wedges Baked Beans <u>Fruit</u> Fresh Orange Frosted Blueberries <u>Milk Options</u> Skim Plain, Skim Chocolate	Tuesday, January 30 <u>Entrée</u> Beef Fiestada Pizza Cheesy Nachos <u>Vegetables</u> Salsa Seasoned Black Beans <u>Fruit</u> Sliced Peaches Diced Pineapples <u>Milk Options</u> Skim Plain, Skim Chocolate	Wednesday, January 31 <u>Entrée</u> Chicken Nuggets Meatloaf Whole Wheat Roll <u>Vegetables</u> Mashed Potatoes w/Gravy Green Beans <u>Fruit</u> Fresh Apple Mixed Fruit <u>Milk Options</u> Skim Plain, Skim Chocolate	Thursday, February 1 <u>Entrée</u> Beef & Chili Beans w/Chips Philly Chicken Sandwich <u>Vegetables</u> Fresh Green Garden Salad Glazed Carrots <u>Fruit</u> Fresh Banana Raisels <u>Milk Options</u> Skim Plain, Skim Chocolate	Friday, February 2 <u>Entrée</u> Mac & Cheese Texas BBQ w/Corn Muffin <u>Vegetables</u> Oven Roasted Broccoli Buttery Corn <u>Fruit</u> Fresh Grapes Peach Cup <u>Milk Options</u> Skim Plain, Skim Chocolate
Monday, February 5 <u>Entrée</u> Meatball Sub Ham & Cheese Croissant <u>Vegetables</u> Potato Wedges Baked Beans <u>Fruit</u> Fresh Apple Mixed Fruit <u>Milk Options</u> Skim Plain, Skim Chocolate	Tuesday, February 6 <u>Entrée</u> Orange Chicken Teriyaki Beef Bites Seasoned Rice <u>Vegetables</u> Oven Roasted Broccoli Seasoned Black Bean <u>Fruit</u> Fresh Pear Raisels <u>Milk Options</u> Skim Plain, Skim Chocolate	Wednesday, February 7 <u>Entrée</u> Popcorn Chicken Bowl Country Fried Steak Biscuit <u>Vegetables</u> Mashed Potatoes w/Gravy Buttery Corn <u>Fruit</u> Fresh Apple Diced Pineapples <u>Milk Options</u> Skim Plain, Skim Chocolate	Thursday, February 8 <u>Entrée</u> Grilled Cheese Sandwich Hamburger/Cheeseburger <u>Vegetables</u> Vegetable Beef Soup Baby Carrots w/Dip <u>Fruit</u> Fresh Banana Diced Pears <u>Milk Options</u> Skim Plain, Skim Chocolate	Friday, February 9 <u>Entrée</u> Pizza Cheese Sticks Hot Dog w/Chili <u>Vegetables</u> Oven Roasted French Fries Marinara Cup Green Beans <u>Fruit</u> Fresh Grapes Applesauce Cup <u>Milk Options</u> Skim Plain, Skim Chocolate
Monday, February 12 <u>Entrée</u> Chicken Wrap Spicy Sloppy Joe on Bun <u>Vegetables</u> Sweet Potato Fries Oven Roasted Broccoli <u>Fruit</u> Fresh Orange Blueberry/Strawberry Medley <u>Milk Options</u> Skim Plain, Skim Chocolate	Tuesday, February 13 <u>Entrée</u> Beef Taco Soup w/Chips Cheese Quesadilla <u>Vegetables</u> Salsa Seasoned Black Beans <u>Fruit</u> Fresh Pear Frosted Blueberries <u>Milk Options</u> Skim Plain, Skim Chocolate	Wednesday, February 14 <u>Entrée</u> Pork Chop Salisbury Steak Whole Wheat Roll <u>Vegetables</u> Mashed Potatoes w/Gravy Green Beans <u>Fruit</u> Fresh Apple Mixed Fruit <u>Milk Options</u> Skim Plain, Skim Chocolate	Thursday, February 15 <u>Entrée</u> Cheesy Baked Spaghetti Breadstick Pepperoni Pizza <u>Vegetables</u> Fresh Green Garden Salad Buttery Corn <u>Fruit</u> Fresh Banana Diced Pears <u>Milk Options</u> Skim Plain, Skim Chocolate	Friday, February 16 <u>Entrée</u> Fish Nuggets Popcorn Chicken Hushpuppies <u>Vegetables</u> Potato Wedges Baby Carrots w/Dip <u>Fruit</u> Fresh Grapes Applesauce Cup <u>Milk Options</u> Skim Plain, Skim Chocolate

Lettuce and tomato cups offered with wraps, sandwiches, and tacos.

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS OR UNPLANNED SCHOOL SCHEDULING CHANGES.

This institution is an equal opportunity provider.